

Parent Crisis Response Card (Printable)

SilentSecurity.net | 2026 Edition

Step 1: Stabilize & Preserve Evidence (first 10 minutes)

- Stay calm. Thank your child for telling you. Do NOT shame or punish disclosure.
- Take screenshots of messages, usernames, URLs, payment handles, timestamps, and profile links.
- Do not delete the account or thread yet. Preserve evidence first.
- If account access is at risk: change password, sign out unknown sessions, enable 2FA.

Step 2: Choose the right reporting channel

- Sexual exploitation / sextortion: NCMEC CyberTipline 1-800-843-5678 and missingkids.org/gethelpnow/cybertipline
- Image removal for minors: takeitdown.ncmec.org (free, confidential).
- Financial scam / extortion payment: report to FBI IC3 (ic3.gov) and FTC (reportfraud.ftc.gov).
- Immediate threat to life/safety: call 911.

Step 3: Platform actions (same day)

- Report the account/content in-app for harassment, exploitation, impersonation, or fraud.
- Block the offender after preserving evidence.
- Set account to private and disable DMs from non-friends.
- Review friend/follower list for unknown adults and remove them.

Step 4: School and local support (same day)

- If peers are involved, notify school administration/counselor with screenshots.
- Ask for a written safety plan if bullying/stalking involves school contacts.
- Monitor mood, sleep, withdrawal, and appetite changes over next 72 hours.

Never pay extortion demands. Paying almost always increases future threats.

Emergency Contacts (write these before printing multiple copies):

Parent/Guardian 1: _____ Phone: _____

Parent/Guardian 2: _____ Phone: _____

School counselor/admin: _____ Phone: _____

Local police (non-emergency): _____ Phone: _____

Family safe word: _____